



Every child is different and in a different place in their journey! Please use these ideas as appropriate for you, your child and your family.

GOODNESS PARENTING *Prompts*

TEEN

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Ask your teen "What's been stressing you out lately, and where have you seen God's goodness in the middle of it?"

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At the dinner table, read Galatians 6:10. Discuss together what opportunities you each have this week to show God's goodness to others.

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At bedtime this week, build a new habit of Naming 3 Good Things. With your teen share with each other 3 ways you each saw the goodness of God. Share simple things (a delicious lunch, running water, a comfy pillow, clean socks, etc.), good things that happened, things you learned from the Bible, people who helped you, spiritual blessings, etc.

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What's your favorite way to hang out with your teen?
How can you do more of it this week?

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Ask your teen, "Where did you see God show up in your day, even in a small way?"

