



Every child is different and in a different place in their journey! Please use these ideas as appropriate for you, your child and your family.

# KINDNESS PARENTING *Prompts*

TODDLER & PRESCHOOL

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When you go into your child's room, say:

"Good morning! Who wants to shine like a light and show God's goodness and kindness to everyone we see today? I do! (raising your hand and smiling at your child)"

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Spend some time cuddling together and pray:

"God, thank you for your kindness and for all of the things that put a smile on our face, like ... (name things that make you and your child feel happy)."

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At bathtime, sing "This Little Light of Mine" together.

Tell your child that when we choose to be kind and love others, we are like a bright light that shows God's goodness and kindness to the world.

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At bedtime this week, list together good things God has given to and done for your family.

With each good thing, say "God is so kind!"

Pray together thanking God for his kindness.



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